



Shepherd Public Schools

COVID-19 Guidelines



You need to stay home or go home if you have:

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Of the following:
HEADACHE
BODY ACHES
CHILLS
SORE THROAT
NAUSEA
VOMITING
DIARRHEA

OR

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Of the following:
FEVER OF 100.4 OR HIGHER
NEW COUGH
SHORTNESS OF BREATH
DIFFICULTLY BREATHING
LOSS OF TASTE OR SMELL

EXPOSURE COVID-19

If you have been notified by the county health department that your child is a close contact of an individual with COVID-19 you need to:

- Stay at home
- Inform the school
- Follow instructions given by county health
- Obtain a clearance letter from county health stating when you can return.

WHEN CAN I COME BACK TO SCHOOL?

POSITIVE COVID-19 TEST

May return after 10 FULL days
AND
At least 24 hours NO fever without taking medication

NO COVID-19 TEST

May return after 10 FULL days
AND
At least 24 hours NO fever without taking medication
AND
Symptoms have improved
OR
Doctor's note indicating alternative diagnosis

NEGATIVE COVID-19 TEST

At least 24 hours no fever without taking medicine
AND
Respiratory symptoms have improved

IF FEVER IS THE ONLY SYMPTOMS MAY RETURN AFTER AT LEAST 24 HOURS WITHOUT TAKING MEDICINE